



Oklahoma Turning Point Council
C/o Office of Community Development, OSDH, 1000 NE 10th St., Oklahoma City, OK 73117

Oklahoma Turning Point Council Resolution

Tobacco Use Prevention

Let it be known that:

Whereas, Tobacco use is the most important, preventable cause of premature morbidity and mortality in the United States and its use kills 6,000 Oklahomans per year¹; and

Whereas, Four of the top five leading causes of death in Oklahoma are related to tobacco smoking; including heart disease, cancer, stroke and chronic obstructive pulmonary disease²; and

Whereas, The use of tobacco is higher in Oklahoma (25 percent) and the rest of the nation (23 percent), and those who do smoke, smoke more than the rest of the nation, with Oklahomans purchasing 111.8 packs of cigarettes annually, compared to 86.9 packs for the total U.S.²; and

Whereas, Forty-six percent of Oklahoma's high school students, compared to 36 percent nationally, use tobacco, placing them at higher risk for nicotine addiction²; and

Whereas, Environmental tobacco smoke (ETS) is a known human carcinogen, and persistent exposure to ETS is associated with an increased risk for lung cancer and other disease¹; and

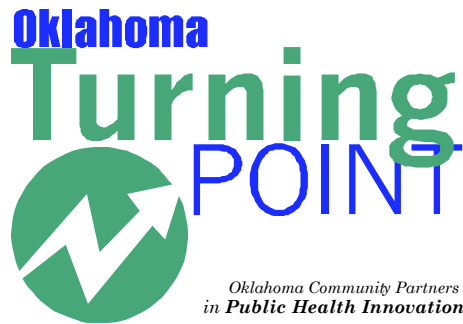
Whereas, Children are at particular risk from ETS, which may exacerbate allergies and asthma in susceptible children, and also, greatly increase the risk for lower respiratory tract illnesses such as bronchitis and pneumonia among young children¹; and

Whereas, The Oklahoma State Board of Health is authorized by law and has the responsibility to protect the health of all Oklahomans;

Now therefore be it resolved, that the Oklahoma Turning Point Council *strongly* encourages the Oklahoma State Board of Health to exercise its authority to prevent further premature mortality and morbidity of its residents by developing and implementing statewide policy which will eliminate the use of tobacco in all public places.

¹ Center for Disease Control and Prevention

² Oklahoma State Department of Health



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Healthy Oklahomans

Let it be known that:

Whereas, The purpose of Turning Point is to collaborate at a community level in order to improve the quality of life for all residents of Oklahoma; and

Whereas, Health begins with the individual and continues with the family, community, and workplace; and

Whereas, People who work in the health care field and those who are recipients of health-related knowledge from public, private, and voluntary health sources are stakeholders in our statewide health outcomes; and

Whereas, Improving health outcomes requires partnerships among all stakeholders;

Now therefore be it resolved, that the Oklahoma Turning Point Council *strongly* encourages that the policy be presented to all public and private entities promoting healthy Oklahoma lifestyles and that it serves as a *call to action* to encourage their involvement in health promotion and disease prevention at a personal, community, and statewide level.



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Physical Fitness and Nutrition

Let it be known that:

Whereas, The purpose of Turning Point is to collaborate at a community level in order to improve the quality of life for all residents of Oklahoma; and

Whereas, Nationally, 15 percent of children and adolescents are overweight, which represents a 100 percent increase in obesity among children and adolescents between 1980 and 1994 (CED Surgeon General's report); and

Whereas, Twenty-seven percent of first graders and 54 percent of fifth graders in Oklahoma report having less than one hour of daily physical activity (Oklahoma State Department of Health); and

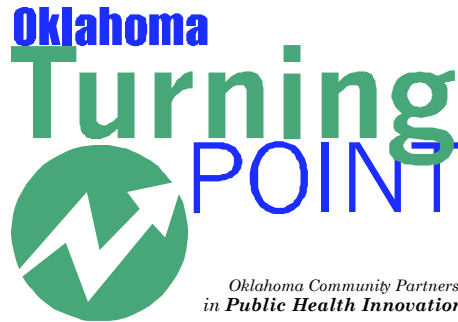
Whereas, Forty-four percent of first graders and 54 percent of fifth graders report spending more than two hours daily watching television, playing video games, or using a computer (Oklahoma State Department of Health); and

Whereas, One in three deaths in Oklahoma is caused by heart disease (State of the State's Report); and

Whereas, At least three of the ten leading causes of death in Oklahoma, such as heart disease, stroke and diabetes are greatly reduced and are preventable by proper nutrition and exercise;

Now therefore be it resolved, that the Oklahoma Turning Point Council strongly encourages the Oklahoma State Board of Health to develop and implement statewide policy which will encourage and recommend physical fitness programs and proper nutritional awareness in schools to all Oklahoma residents under the age of 18 years of age.

In addition, the Oklahoma Turning Point Council strongly encourages that this policy be presented to the Oklahoma Department of Education, the Oklahoma Legislature, the Oklahoma State Medical Association, the Oklahoma Association of Health, Physical Education, Recreation and Dance, the Oklahoma Governor's Council on Physical Fitness and Sports, the Osteopathic Association, the State Hospital Association and the Primary Care Association.



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Healthy School Environments

Let it be know that:

Whereas, The purpose of Turning Point is to collaborate at a community level in order to improve the quality of life for all residents of Oklahoma; and

Whereas, The Department of Health and Human Services unveiled Healthy People 2010 in January 2000. Healthy People 2010, a comprehensive set of health objectives to be achieved over the first decade of the century, calls for increasing the percentage of states and territories that have community-based service delivery systems for children with special health care needs; and

Whereas, The Oklahoma Turning Point Council fully supports a healthy school environment for all of the elementary, secondary, and private school students in the State of Oklahoma; and

Whereas, The Oklahoma Turning Point Council strongly endorses community-based systems of services that are comprehensive and coordinated to promote health and safety for Oklahoma's students with special health care needs and their families;

Now therefore be it resolved, that the Oklahoma Turning Point Council *strongly* encourages the Oklahoma State Legislature to collaborate with the Oklahoma State Board of Health, the Oklahoma State Board of Education and Superintendent of Schools, the Oklahoma State Medical Association, the Oklahoma State Department of Health, the Oklahoma Association of Health, Physical Education, Recreation and Dance, the Oklahoma Governor's Council on Physical Fitness and Sports, the Osteopathic Association, the State Hospital Association and the Primary Care Association in proposing new legislation that supports healthy school environments for Oklahoma children.